



What is the Elective Programme?

Here at Kingsthorpe College we believe that combining academic, pastoral and enrichment curriculum with electives is an integral part of enriching a student's learning and development. Our elective program is designed to give students the opportunity to explore new interests, develop practical skills and experience learning beyond the classroom.

The elective programme will take place each Wednesday during period 5. Students can choose from a range of exciting subjects - ranging from creative arts and physical challenges to cultural exploration and career-focussed activities.

The programme encourages independence, curiosity, and personal growth, helping students discover what they enjoy and where their strengths are.

The Electives we offer fall within three main branches:



How does it work?

The elective program is designed so that students get to experience one elective from each branch over the course of an academic year. This works out so that each student takes part in one elective each term - 3 electives in total.

Before applying, all students must carefully review the electives on offer as we will be giving them the opportunity to tell us which of the electives they are interested in. We normally ask them to select 3 elective choices from each branch. This helps us when allocating the students their electives for the school year.

Here is an example of how the options would look throughout the achademic year.

	Terms 1 - 2	Terms 3 - 4	Terms 5 - 6
Pathway 1	Adventurous & Physical	Creative	Cultural
Pathway2	Creative	Cultural	Adventurous & Physical
Pathway 3	Cultural	Adventurous & Physical	Creative

What do we do next?

Take some time to read through the elective options on the following page with your child and encourage them to think about which electives they would be interested in trying. They should consider their strengths, interests or an area that they may want to develop.

Each student will be invited to complete an online form during school time before the end of term. This form will ask them to select **THREE** elective choices from each branch (3 Physical & Adventure, 3 Creative & 3 Cultural).

It is important that their choices reflect their own preferences, as changes cannot be made later without valid reason. We will not be permitting any transfers between electives unless there is an acceptable reason such as a medical issue. This is to allow students to get the experience of their allocated elective without disruption.

The following pages will outline all electives being offered for the next academic year. Each page will have electives from the set branches and each elective will include a brief description.



Read Through Booklet



Think About Your Options



Complete Your Elective Selection
Form at School



Physical & Adventure Electives

Go Kart

Year Group - KS3
Mr Murray

In this exciting hands-on elective, students will dive into the world of go-karting by designing, building, maintaining, and driving their own go-karts. They'll learn the basics of mechanics, safety, and teamwork while gaining practical experience with tools and engines. From the workshop to the racetrack, this course offers a thrilling blend of engineering and action!

Workout Wednesday

Year Group - All
Ms Newell & Mr Wright

An opportunity to workout in a variety of different ways.

includes Cadio training, strength and conditioning in a fun and safe enviroment.

Walking Club (Offsite)

Year Group - All
Ms Gregory & Miss Langlois

Our off-site Walking Club is designed to promote students' physical health, fitness, and mental wellbeing. Students will take part in structured walks, covering set distances within allocated timeframes, with pace and distance gradually increasing over the course of the programme.

The club provides an excellent opportunity to enjoy the outdoors, engage in positive conversations, and build new friendships while strengthening existing ones. Participation encourages resilience, confidence, and a healthy, active lifestyle. This is an off-site activity.

Architectural Nature Trail

Year Group - All
Miss Law, Miss Chapman & Mr Jackson

Join our Architectural Nature Trail Elective!

Hunt for hidden buildings, snap creative photos, and explore tiny natural structures. Then, unleash your imagination by building cardboard sculptures and designing clay plates inspired by what you find.

This elective is perfect for curious minds.



Physical & Adventure Electives

Outdoor Learning (Offsite Elective)

Year Group - KS3
Miss Williams

A series of outdoor learning sessions based at Bradlaugh Fields ranging from Den Building and nature inspired games to crafting.

Outdoor Learning is a hands on session for students wanting to get outside to explore. It's a student led session where we bring tools and crafts and invite you to see what you can create, craft and discover.

Trampolining

Year Group - KS3
Miss Smith

The Trampoline elective offers students a dynamic and engaging way to develop physical fitness, body control, and spatial awareness.

Through structured lessons and guided practice, students will improve their balance, coordination, and core strength while learning proper jumping and landing techniques. This course promotes confidence, discipline, and teamwork in a safe and supportive environment—perfect for students interested in both fitness and fun.

Multisport (Cricket)

Year Group - All
Mr Saghir

Students will be coached into the basics of cricket with training for bowling, batting, and fielding. They can be taught the bowling action, a few easy shots and some throwing and catching. This will be wrapped up with a game at the end of the lesson.

Darts

Year Group - KS4
Mr Kingsnorth

With the 'Littler Effect' taking over the world! Everyone seems to be interested in trying out darts. Whilst playing darts, you can sharpen up your maths skills in figuring out the best way to get 'out', at the same time as having fun!

Come and practice your Darts skills and become the next Luke Littler who has carried on taking the darting world by storm. With prizes on offer each term, are you the next big thing?



Physical & Adventure Electives

Juggling

Year Group - All
Mr Hobbs

Ever wanted to learn an awesome new skill?

Join the Juggling Elective to master the basics of juggling, improve your coordination and focus, and have fun while learning. By the end of the course, you'll be ready to impress your friends with your new talent!

Football Development

Year Group - All
Mr Prince & Mr Lonergan

A progressive programme developing football skills, tactics, teamwork, and fitness through drills, small-sided games, and matches. Suitable for all skill levels and ages.

This elective will be suitable for students at all levels.

Pop Tap

Year Group - All
Ms Wisbey

Come along and learn some tap dance routines to your favourite pop songs! We will learn some dances, practice basics as well as practicing choreographing your own routines!

KC Wombles (Offsite Elective)

Year Group - All
Ms Barr & Ms Sherred

Get outside, get active, and give back to the environment!

Join the KC Wombles for regular outdoor walks combined with litter picking and nature appreciation. It's a great way to enjoy fresh air, help keep our school clean, and learn more about the natural world around us.

Make a positive difference in your community by helping to keep our school and local area clean. Join the Litter Picking Elective to work as part of a team, take pride in your environment, and help protect local wildlife while making an impact.



Physical & Adventure Electives

Golf (Offsite Elective)

Year Group - All
Mr Smith

A great elective for those who have played before or are interested in starting to learn the sport of Golf. You will be able to develop your skills. This elective involves going offsite to the Brampton Driving Range.

This elective includes a requested contribution of £10 per student - this is a one off payment for travel cost and venue cost for the offsite elective.

Couch to 5K (Offsite Elective)

Year Group - All
Mrs Kinsella / Miss Lonergan

Improve your fitness and feel a sense of accomplishment by starting to run little and often with the aim that you will be able to start your journey towards being able to run 5KM.

This elective will involve going off school grounds with elective staff to run.

Camping 101 (Offsite Elective)

Year Group - All
Ms Lambert

Get ready for your next outdoor adventure!

Learn essential camping skills, including how to plan a trip, set up camp, and prepare for time in the great outdoors. Whether you're new to camping or want to build your confidence, this elective is a great place to start.

Boxercise

Year Group - KS4
Mr Griffiths

Boxing workout sessions. Only involves pad work, movement and basic boxing skills for fitness purposes.

Build your fitness, coordination, and confidence through fun boxing-based workouts. This elective focuses on pad work, footwork, movement, and basic boxing techniques in a safe, limited-contact environment. It's a great way to stay active, improve your fitness, and learn new skills.



Physical & Adventure Electives

Cross Country Running (Offsite Elective)

Year Group - All
Mr Kent

Challenge yourself and build your endurance with our Cross Country Running Elective. Improve your fitness, develop your running technique, and enjoy exploring a variety of routes while training with others. Whether you're an experienced runner or just looking to get more active, this elective is a great way to set personal goals and enjoy the outdoors.

Electives



Cultural Electives

Philosophy & Ethics in Film

Year Group - All
Mrs Ackumey

A space for students to explore big ideas through film. Each session features a thought-provoking movie followed by discussion on ethical dilemmas, philosophical questions, and moral decision-making. Open to anyone interested in thinking deeply and debating respectfully.

Mindfulness

Year Group - All
Miss Gillick

A range of sessions that aim to be relaxing and allow reflection.

From journal writing, colouring, to the making of gratitude jars. Taking a positive outlook on school, home and friendships in a calm peaceful environment.

Culture Quest

Year Group - KS3
Miss Koukouletsou

A student-led, project-based elective in which teams of 2-4 students research a teacher-assigned country and present different aspects of its culture to the class every.

The course emphasizes creativity, independent inquiry, collaboration, and appreciation of global cultures.

Macbeth Relaxing Activities

Year Group - KS4
Mr Mack

Step into the world of Macbeth and discover the drama, mystery, and intrigue of one of Shakespeare's most famous plays. Explore the story scene by scene through a variety of fun, interactive activities designed to make learning enjoyable and engaging.

Whether it's games, group discussions, creative tasks, or performance-based activities, you'll build your understanding of the play in a relaxed and supportive environment while growing in confidence and understanding.



Cultural Electives

Exploring Pre-Historic Nature

Year Group - All
Mr Stone

A look back at the animals and plants that have been lost to extinction. We will explore the different geological periods of Earth's history and learn about the different forms of life that they supported, including:

- Early life in the oceans
- Carboniferous insects and amphibians
- Mesozoic dinosaurs
- Cenozoic mammals
- Great apes and humans

Introduction to Italian & Italy

Year Group - KS3
Miss Zappa

In this elective, you can learn about the basics of language and culture of Italy.

No need for any previous experience in the language - just curiosity to have a go.

History Mysteries

Year Group - KS3
Mr Buckley-Theed

Who Killed JFK? Where did Amelia Erhart land? Where is King John's Gold?

History is full of mysteries yet to be solved. Throughout this elective we will investigate and allow you to develop your own conclusions...

Reading Club

Year Group - KS3
Miss Dean-Hall

This Reading elective is designed especially for Key Stage 3 students who want to enjoy a variety of books while improving their reading skills. You'll read exciting stories, discuss interesting characters and themes.

Whether you love reading already or want to get more confident, this course is a great way to discover new books and become a stronger reader in a fun and friendly environment.



Cultural Electives

Reading Buddies (offsite Elective)

Year Group - All
Miss Lane & Miss Leffler

The Reading Buddies elective offers students a meaningful opportunity to support young learners by visiting local primary schools and assisting children with their reading. By serving as positive role models and reading mentors, students will help build literacy skills, boost confidence, and foster a love of books in early readers.

This elective also promotes leadership, empathy, and communication skills—making it ideal for students who want to make a real impact in their community through education and service.

WW2 in the Pacific & South East Asia

Year Group - KS4
Mr Rose

You will be familiar with WW2 in Europe from your history lessons, but how and why did Japan end up going to war? What led them into conflict with the British, Americans and their allies? What form did the conflict take and how was it eventually fought in the jungles of South East Asia and the islands of the South Pacific?

Beyond Borders

Year Group - All
Miss Yates

Is any disaster really “natural”? Can maps lie? Who gets to decide what a place means?

In this elective, you will explore the world through these big questions. Each week, we will use real case studies, powerful images, stories and debate to investigate how people, places and environments are connected.

From climate justice to migration, disasters, borders and the future of nature, this is geography for students who want to think deeply and challenge assumptions about the world around them.

Chess Club

Year Group - All
Mr Hussain

Challenge your mind and sharpen your strategic thinking in the Chess Elective.

Whether you're learning the basics or looking to improve your game, you'll develop your skills through friendly matches, puzzles, and fun challenges.

Build confidence, improve your concentration and problem-solving, and enjoy competing in a relaxed and supportive environment.



Cultural Electives

Exploring History Through Film

Year Group - KS4
Miss Mellor

Learn about different historical events across the world through film and discuss the importance of historical accuracy and narrative engagement.

Board Games

Year Group - All
Mr Campbell & Miss Carter

Think all board games are like Monopoly?
Think again! If you're tired of endless games that end in family arguments, come and discover six brilliantly fun modern board games that are exciting, strategic, and much more enjoyable. Whether you're new to board games or already a fan, you'll learn how to play a variety of games that you'll actually want to play again and again!

Electives



Creative Electives

Henna Art Drawing

Year Group - All
Miss House

This elective introduces students to the art and cultural traditions of henna drawing.

Students will learn basic henna design techniques, including line work, patterns, floral motifs, and traditional decorative styles from different cultures. Through guided practice and creative projects, participants will develop their artistic skills, and create original designs on paper. No prior art experience is required.

Playing Cards

Year Group - All
Miss Dunkley

Discover a new card game every week!

You'll start by watching a short tutorial to learn the rules, then put your skills into practice by playing in pairs, small groups, or on your own. From classic favourites to exciting new games, you'll build your confidence, sharpen your strategy, and have fun along the way.

Construction Challenge

Year Group - All
Miss Grubb & Mr Rushton

Each week student will be given a construction challenge to complete in teams.

Can you build the strongest free standing bridge? Can you build the tallest tower? Using a mix of materials, each week you will need to compete against other students to build the longest, strongest, tallest or all around best structure.

Knitting

Year Group - KS4
Miss Gwenzi

Create your very own knitted headband while learning a fun and relaxing new skill.

You'll be guided through the basics of knitting step by step, making this elective perfect for complete beginners. By the end, you'll have a cosy, handmade headband to wear or give as a gift!



Creative Electives

E-Sports

Year Group - KS4
Miss Landers

The first part of this elective you will learn what Esport are, explore different types of games genres and the history of Esports.

The second part you will work in two teams to design an Esport competition brand as well as plan, organise and run and Esports event.

You will also take part in an Esports event

School 'Glow up' Lab

Year Group - All
Miss Medland

The school glow-up lab is a project-based elective that empowers students to redesign and reimagine spaces within our school community. Through design thinking, research, collaboration, and creative problem-solving, students will identify opportunities for improvement and develop innovative proposals for classrooms, common areas, outdoor spaces, and student-centred environments.

Paper Puppets

Year Group - All
Miss Moorhouse

Students will explore the basics of three-dimensional design and construction through the creation of moving puppets.

Over the term, students will develop their creative, practical and problem-solving skills by first learning how to make a simple paper hand puppet before progressing to more complex cardboard animal puppets with multiple moving parts.

Home Cooking

Year Group - All
Miss Saad

Learn how to prepare quick, simple, and healthy meals by following easy-to-use recipes. You'll explore a range of cooking techniques while developing confidence in the kitchen and learning how to safely handle ingredients and equipment. By the end of the elective, you'll have the skills to recreate delicious meals at home.

Please note: There is a one-off voluntary contribution of £5 per student to help cover the cost of ingredients.



Creative Electives

Video Games

Year Group - All
Miss Rosen

Build your gaming, social, and personal skills through the world of gaming!

In Minecraft, work to survive in Survival or build a masterpiece in Creative. You may also decide to play other games available to you, either with or competing against your friends. Who can get the best score in Geoguessr? Are you able to get the furthest in Geometry Dash?

Programming Computer Games

Year Group - KS4
Miss Rumsby

Ever wanted to design your own computer game?

In this elective, you'll learn the basics of Python programming while creating your very own game from scratch. Discover how to write code, solve problems, and bring your ideas to life in a fun, creative way. No previous coding experience is needed—just bring your imagination!

KC Taskmaster

Year Group - All
Miss Sheriff

Take part in a range of challenges based on the tv series Taskmaster. Test your wit, skills and ability to follow instructions closely. Be creative and problem solve.

Cold Case Mystery

Year Group - KS4
Miss Spencer

Put your detective skills to the test as you investigate a mysterious cold case!

Examine clues, analyse evidence, interview suspects, and work with your team to piece together what really happened. Can you crack the case before time runs out?



Creative Electives

Creative Writing

Year Group - All
Miss Tankard

Develop your creative writing skills, get feedback on your work and try out styles and genres you've never written before.

This elective is your space to explore writing in fun and imaginative ways! Whether you love to write or are just getting started, come get inspired and let your creativity flow!

Non-Fiction Reading & Writing Club

Year Group - All
Mr Tran

Explore the fascinating world of real-life stories, amazing discoveries, and thought-provoking ideas.

In this elective, you'll read a variety of engaging non-fiction texts and develop your own writing by creating articles, reviews, reports, and more. It's a great opportunity to improve your reading and writing skills while exploring topics that interest you.

Music Appreciation

Year Group - All
Miss Beardall

An exploration of the history of British and American music, from the blues born of slavery, through jazz, rock and roll, punk, hip-hop, and all the way to music today.

Clay Craft

Year Group - KS3
Miss Pratt

Get creative with air-drying clay as you design and make your own unique creations.

Learn simple sculpting and modelling techniques to create decorative items, mini sculptures, or useful keepsakes. Whether you're trying clay for the first time or already enjoy crafting, this elective is a fun way to develop your creativity and make something to be proud of.