



DECEMBER 2023



# YEAR 10 CAREERS NEWSLETTER

Welcome to the first of this year's careers newsletters, letting you know what's coming up, and highlighting opportunities for pupils to explore different careers.

## December

- **Personalised Careers Recommendations**

We are asking all students to complete four quizzes on our online platform, Unifrog, which will generate their own personalised list of possible careers for them to explore further (instructions on the next page). We would encourage you to look at your child's results, so that you can discuss these with them.

This excellent [website](#) has some useful tips and tools for having a careers conversation as a parent.

## January

- Year 10 **PSHE lessons** will be dedicated to careers – exploring their career suggestions further, along with lessons around post-16 options and a Q&A session with a range of employers.

## March

- There will be a careers stand at the Year 10 **parents' evening** with resources and the opportunity to ask questions about career options and routes.

## Unifrog-Quiz instructions

- **Forgotten password**

Please log in to Unifrog with your KC email address and then click on the reset your password and follow the instructions.

## How to complete the quiz

To try out the tool, on the Student side of your Unifrog homepage, scroll down to Quizzes and click 'Start' on the Personality profile.

If you haven't taken any of the quizzes before, at the top, you'll see some guidance on how to complete them. You'll then be given the first question. Consecutive questions will appear as you complete each one.

A progress bar at the top will appear showing how much you have left to complete. You can go back and change your answers, but you need to complete the quiz in one sitting.

Once you are finished, click 'Get my results'.



## Work Experience

We are looking at options for providing exposure to the world of work for Year 10 towards the end of the year. We would also encourage students to look for their own opportunities to gain work experience during the holidays or weekends this year – it gives pupils an opportunity to explore an industry they are interested in and really helps when applying for jobs, apprenticeships or universities in the future.

It could be:

- shadowing someone at work to see what their job is like
- visiting different workplaces
- going to work with a parent or guardian
- do a 1- or 2-week work placement
- go into a workplace for one day a week over a period of time
- volunteering
- getting a part-time job
- virtual (e.g. opportunities [here](#))

Useful ways to find openings include:

- Talking to family members and family friends who work in an industry that your child is interested in
- Talking to older students (brothers, sisters, family friends) who have already done work experience
- Sharing a post on Facebook
- Creating a LinkedIn account (in your name – account holders must be aged 16 or over) and making contact with an industry body

I trust this has been helpful as a start. Do please let me know if there's any information you'd particularly like to see in future newsletters.

Best regards,

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