



February 2026

# Kingsthorpe College Newsletter

ASPIRATION | RESPONSIBILITY | RESPECT | CARE



## IN THIS ISSUE:

- Head's Message
- Careers Fair
- Proud Table
- Year 11 Parents Evening
- Mock Court Trial
- Ski Trip 2026
- CCF
- Electives
- Department News
- SEND News
- Post-16 News
- Notices

## Headteacher's Message

As we reach the February half-term break, I want to celebrate another exceptional term at Kingsthorpe College, where our students have demonstrated outstanding Aspiration, Responsibility, Respect and Care.

### Academic Excellence

Our Year 11 students received mock exam results and attended a productive parents' evening on 7th January, receiving revision packs to support their final preparations. Year 9 excelled in the County Schools Challenge on 5th February, with our winning team progressing to the semi-finals – congratulations!

## **Careers and Real-World Learning**

Our Careers Fair was a fantastic success, with students exploring future pathways across diverse industries. Law Club students attended a Bar Trial at the Crown Court, taking on advocate roles with remarkable confidence and professionalism. Thank you to Mrs Spencer for her dedicated preparation.

## **Enrichment and Experiences**

The Orbis Ski Trip to Norway was unforgettable, with students progressing brilliantly in their skiing and witnessing the spectacular Northern Lights. Our Proud Table rewards initiative continues to showcase exceptional work across all year groups.

Our CCF cadets completed first aid qualifications whilst developing teamwork and leadership skills. Year 12 students became trained Literacy Ambassadors, ready to mentor younger pupils. The elite dance company Ascend is preparing for competition, whilst our choir and orchestra sound fantastic.

## **Wellbeing and Community**

Thank you to all who attended our Parents Information Evening on Understanding My Child's Mental Health. Year 9 students experienced the powerful Wasted performance addressing substance abuse, and all students reflected on Holocaust Memorial Day.

We also hosted a successful STEM Day for local primary schools and celebrated the International Day of Women and Girls in Science.

Enjoy a restful half-term break. Please see the newsletter for upcoming dates including Year 12 Parents Evening on 25th February.



**Kingsthorpe College**  
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# Careers Fair

This year's Careers Fair was a fantastic success, with everyone coming together to explore future pathways, ask insightful questions, and gain valuable inspiration from a wide range of industries. It was great to see such enthusiasm, curiosity, and engagement throughout the event.

A big thank you to all the employers, speakers, and organisers who made the day so informative and inspiring!



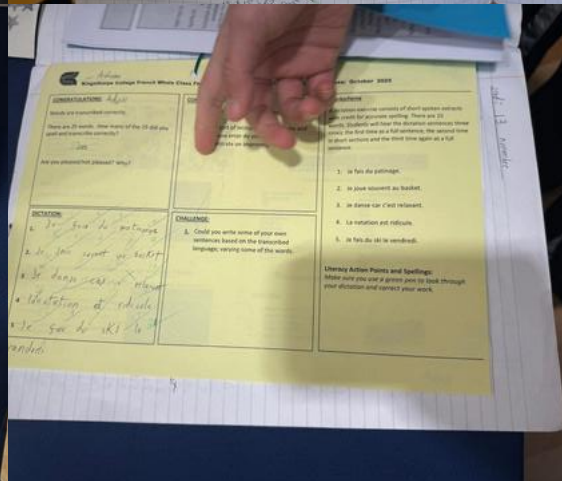
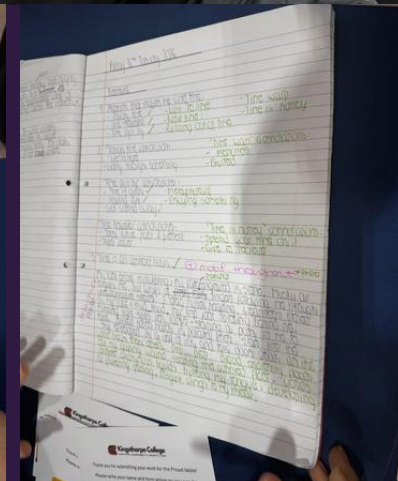
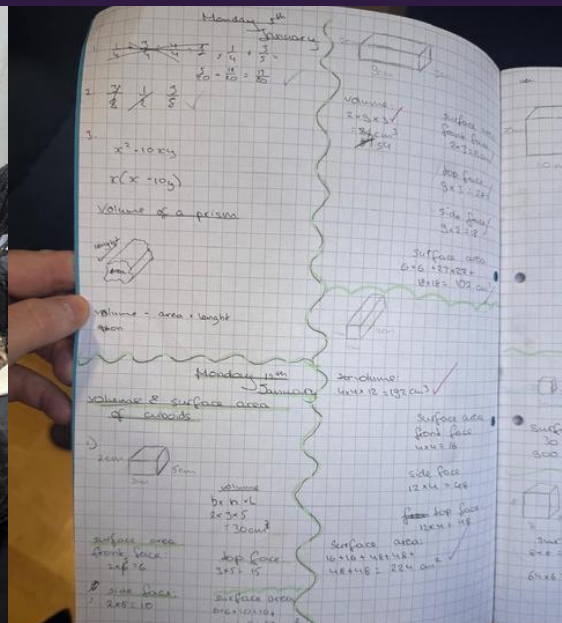


# Proud Table

This term, we launched our Proud Table rewards, and it was wonderful to see so many students proudly sharing work they've completed during their lessons with the Headteacher.

Each week, there is a prize draw, and at the end of the term, everyone who takes part has a chance to win AirPods – a great incentive for showcasing effort, presentation and achievement!

We have been blown away by the incredible pieces of work from all year groups and across all subject areas. The quality, effort and pride on display has been outstanding.





# Year 11 Parents Evening

On 7th January, we held our Year 11 parents evening after the students received their mock exam results earlier in the day.

It was a valuable opportunity for both parents and students to discuss next steps, effective revision techniques, and how we can continue working together to support students as they prepare for their final exams. Students reflected on areas to improve and strategies to support as they spoke to subject teachers.

All students who attended were given a Year 11 revision pack to support their independent study.



A huge thank you to our Year 11 students and families who attended Parents' Evening. Your support is invaluable and truly makes a difference.

## Parents Information Evening: Understanding My Child's Mental Health

We recently hosted a highly successful Parents Information Evening focused on Understanding My Child's Mental Health. It was wonderful to see such strong attendance and engagement from our parent community.

The evening provided an opportunity for parents to learn more about children's mental health, ask thoughtful questions, and take part in open and

meaningful discussion. The shared commitment to supporting students' emotional wellbeing was evident throughout the session.

We would like to thank all families who attended and contributed to such a positive and informative evening. Events like this highlight the importance of working together to support the wellbeing of our children.

# Mock Court Trial

On 7th February, our Law Club students attended a Bar Trial at the Crown Court, where they took on the role of advocates in a real-life legal setting. They learned the details of the case and argued on behalf of either the victim or the defendant, leading witnesses through their statements or cross-examining them depending on whether they were representing the prosecution or the defence.

This was an outstanding opportunity that brought the justice system to life while developing confidence, critical thinking, and powerful communication skills—amazing future skills for any career path.

A huge thank you to Mrs Spencer for preparing the students so thoroughly during their extra-curricular Law Club sessions. Her commitment made today's experience possible.

Well done to everyone involved—we are so proud of you!







## Orbis Ski Trip 2026

Students from Kingsthorpe College and Southfield School for Girls embarked upon an incredible skiing adventure to Myrkdalen, Norway.

Students received ample 'ski school' tuition, where qualified instructors attentively helped students hone and craft their skiing ability. Whether students were beginners, intermediate, or advanced with their ability, everyone progressed significantly and brilliantly over the week. Some students utilised the 'ski park' on the mountain side,

which was reminiscent of a skate park but crafted from snow! Here, students demonstrated skilful ability while completing these jumps safely.

While in Norway, students were greeted with the fortuitous appearance of the Northern Lights. This natural phenomenon captivated everyone and made this enriching trip all the more wondrous.

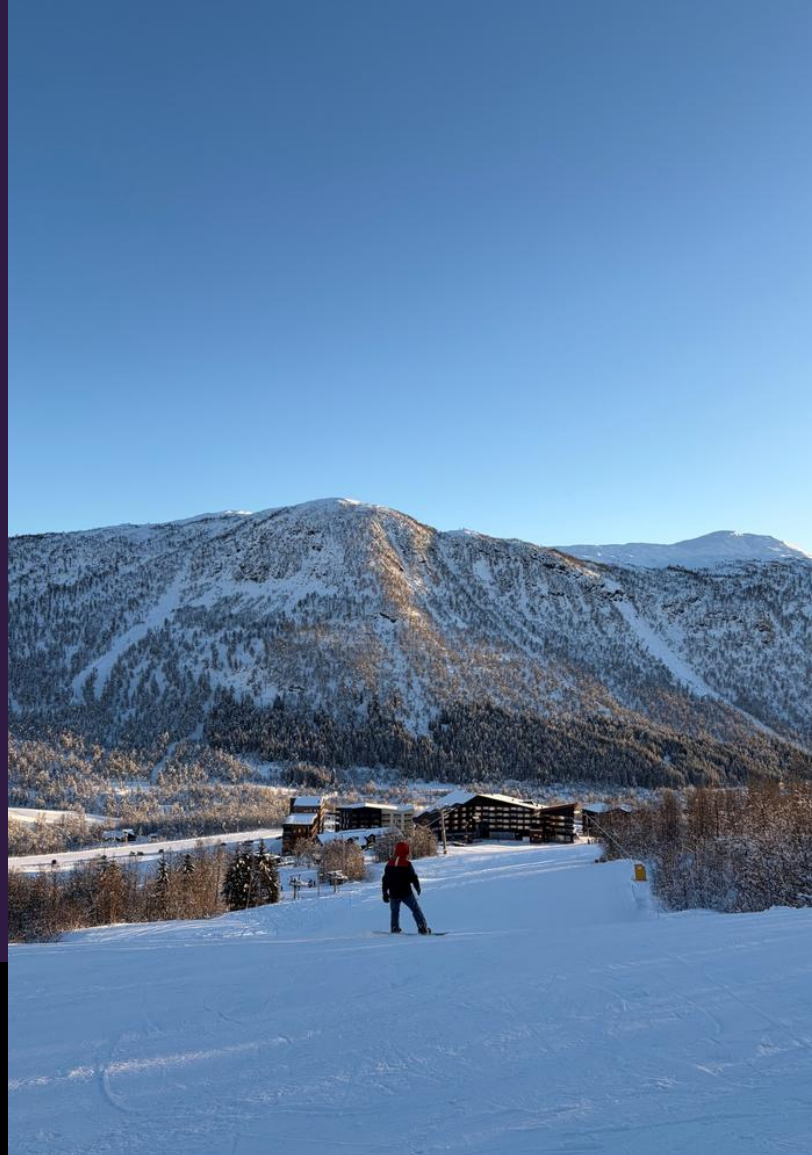
In the evening, students studiously spent time completing revision activities for their core subjects, followed by a period of merited 'downtime'.



On the penultimate evening of the trip there was an opportunity for students to partake in a game night, where darts, bowling and shuffleboard were available. Students played in teams and thoroughly enjoyed this evening!

Students from both Kingsthorpe College and Southfield School for Girls were a credit to Orbis Trust. Lasting friendships, cultural capital and new skills were formed within their unforgettable week in Norway. I know that the 2027 Orbis ski trip will be equally extraordinary.

*Article written by Miss Napier-Gibbons.*





Our cadets this term have been busy working their way through their basic and 1 star first aid qualification, which is a valuable life skill to have in any situation.

Alongside, this they have been completing different challenges, building on teamwork, leadership, communicating and confidence. The cadets particularly enjoyed the challenge of working with the steam kits provided by the Army Cadet Training Team. Our senior cadets have been introduced to the CFIT (cadet force instruction training) programme. This will enable them to progress further as a senior cadet and onto instructing the basic course, gaining further leadership and management skills.

Next term our cadets will be looking forward to continuing with their skill at arms training and communications.

*Article written by H. Homer.*





# Electives

## Girls STEM

In the UK, women currently hold about 24% of STEM jobs, despite making up almost half of the overall workforce. This figure highlights persistent underrepresentation, especially in engineering and technology. Companies are missing out – those with a better gender balance are generally more profitable due to having diverse perspectives, which drive creativity and problem-solving.

Companies across the UK struggle to recruit into many STEM jobs due to a lack of suitable applicants. This could be eased considerably if more women considered following this career, but research shows that, by the age of 12, most girls are of the opinion that a STEM career is “not for someone like me” – due, among other things, to societal and parental influences and a lack of role models.

The Girls' STEM elective seeks to play a small part in swinging the pendulum back. Run by Mr Hobbs, with 15 years' experience in industry, girls from Year 7 to 11 are given the opportunity to explore the world of STEM in a variety of ways. These include hands-on activities – flying a plane furthest, finding nematode worms in moss, dissecting locusts, building bridges and towers out of newspaper, experimenting with maggots, programming a micro:bit computer and running a production line – alongside researching possible careers and women who are already in the industry.





# Electives

## Music Aptitude

This term, our aptitude musicians have been getting stuck into preparing for a mock audition to help them feel ready for real-life musical experiences. While the audition itself was “fake”, the skills they’ve been building are very real and incredibly valuable.

Each student chose a solo piece to work on, focusing on playing with confidence, musicality, and personality. They also practised their scales and were encouraged to think about who they are as musicians and what inspires them.

As part of the audition, students answered questions about their musical passions, influences, and their instrument and performed their chosen piece.

Students have learned how to handle nerves, take feedback on board, and present themselves positively.

Overall, the experience has been a great confidence boost and an excellent step towards preparing them for the real musical world ahead.



# Extra Curricular Timetable

Monday	Tuesday	Wednesday	Thursday	Friday
Before School (8:40 - 9:05)	Before School (8:40 - 9:05)	Before School (8:40 - 9:05)	Before School (8:40 - 9:05)	Before School (8:40 - 9:05)
<b>Breakfast Club</b> (L Loneragan / A Meadland)	<b>Breakfast Club</b> (L Loneragan / A Meadland)	<b>Breakfast Club</b> (L Loneragan / A Meadland)	<b>Breakfast Club</b> (L Loneragan / A Meadland)	<b>Breakfast Club</b> (L Loneragan / A Meadland)
Lunchtime (1:30 - 2:00)	Lunchtime (1:30 - 2:00)	Lunchtime (1:05 - 1:35)	Lunchtime (1:30 - 2:00)	Lunchtime (1:30 - 2:00)
<b>Choir</b> (L Bevan - P4)	<b>Dodgeball</b> (K Smith - Gym)	<b>Keyboard Club</b> (L Bevan - P4)	<b>Badminton Club</b> (V Newall - Sports Hall)	<b>Post 16 Sports Club</b> (D Wright - Sport Hall)
<b>KC Pop Choir</b> (L Townsend - P4)		<b>Science Homework Club</b> (C Gwenzi - S5)		<b>Debate Club</b> (S Spencer - H2)
<b>Table Tennis</b> (N Smith - Sports Hall)		<b>Boys Dance Club</b> (M Shipley / S Galea - P3)		
		<b>Gaming Club</b> (F Landers - ICT 13)		
After School (3:20-4:20)	After School (3:20-4:20)	After School (2:50 - 3:50)	After School (3:20-4:20)	After School (3:20-4:20)
<b>Year 7 &amp; 8 Dance Club</b> (H Seaton - P2)	<b>Year 11 Combined Science Revision</b> (M Carter - S4)		<b>Orchestra</b> (L Bevan - P4)	
<b>Ascend Elite Dance Company</b> (S Galea - P3)	<b>Dungeons &amp; Dragons</b> (B Tankard - E9)		<b>Year 9 Arts Award</b> (L Townsend - P1)	
<b>Senior Drama / NT Connections</b> (L Townsend - P1)			<b>Football Club</b> (D Wright / N Smith - PE Area)	
<b>Basket Ball Club</b> (P Griffiths - Sports Hall)			<b>Netball</b> (K Smith - Sports Hall)	
<b>Music Production Starting in Term 3</b> (C Edwards - TBC)			<b>Commercial Select</b> (M Shipley - P3)	
<b>Mock Court Trial Year 8 &amp; 9</b> (S Spencer - H2)			<b>Crown Court Mock Trial Year 10, 11, 12 &amp; 13</b> (S Spencer - H2)	
<b>Book Club</b> (M Leffler - Library)			<b>CCF Parade</b> (H Homer - Main Courtyard)	



# Department News - Performing Arts



A slightly calmer term so far before Mad March kicks in!

## **Drama Trip: Royal & Derngate**

On the 14th January, our GCSE drama students enjoyed an exciting trip to the Royal & Derngate theatre to see 2:22 – A Ghost Story.

The gripping storyline and spine-chilling moments kept everyone captivated from start to finish. The students absolutely loved it and were very vocal during the jump scares!

The students also had the chance to meet actress Natalie Casey who offered to do a Q&A about their set piece for the exam – what an opportunity!

All in all, it was a fantastic evening out and a great opportunity to enjoy culture beyond the classroom.

## **Ascend: Competition Progress**

Our elite dance company 'Ascend' is busy completing their competition piece for 2026. They will debut this at NSB's annual showcase and then take it to the Great British Dance Off in Nottingham. The KC Dance showcase will take place on March 17th demonstrating all the dance across the school from year 7 dance club to year 11 exam work.

## **Choir and Orchestra**

It is fantastic to hear the sounds from both our choir and orchestra filtering down the PA corridor. Both are sounding fantastic, working on some Bonnie Tyler and ABBA classics.

Plenty to come in term 4 with exam performances and the dance showcase!

# English

Although a short term, life in English has been extremely busy.

Year 7 have been exploring inclusion and diversity through the short story 'Answers in the pages' which they will also continue up to Easter.

Year 8 have been looking at the concept of heroes - what is it to be one in real and fictional life.

Year 9 have focused on extracts to do with time. What is time? Is time travel possible? They have also had the opportunity to produce a piece of creative writing based around the subject.

Year 10 are well into their GCSE experience having already studied two of our key Literature texts. They have also studied for Language Paper 1 Section A and have now moved onto Power and Conflict Poetry which they will continue up to Easter.

Year 12 Language and Literature students have been settling well into their courses and are demonstrating a passion for the subjects that we know will continue to Year 13 and beyond.

Year 11 and 13 have completed their Language and Literature content and are now being given the time for structured retrieval and revision so that the key skills are embedded before their March trial exams and their final exams in May/June.

To support with this, Year 11 have also been involved in workshops to explore Macbeth using a more active style of the rehearsal room with an RSC actor Emma Manton. Further to this, they have been to the Derngate Theatre to watch some of the key poets from the Power and Conflict section of Literature Paper 2 - hearing their voices rather than just studying in the classroom is an incredible opportunity.

As you can see, our curriculum gives an opportunity for our students to explore the British values of Democracy, The Rule of Law, Individual Liberty, Mutual Respect, and Tolerance.





# Visual Arts

## Art Workshop

Kingsthorpe College was buzzing with creativity as students took part in an inspiring Art and Photography Orbis Workshop with Southfield School students.

Students explored new techniques, developed their creative skills, and produced some fantastic work across both disciplines. It's been brilliant to see such enthusiasm, focus, and artistic talent throughout the workshop.

A huge thank you to teams in both schools for delivering such an engaging experience at Kingsthorpe College.

And a massive well done to all our students for embracing the challenge and showcasing their creativity. We're so proud of what you've achieved.





## STEM Day

On Friday 6th February, KC was delighted to host a STEM Day for three local primary schools. Around 40 pupils visited our science labs to experience hands-on practical work in biology, chemistry and physics, giving them a taste of what science lessons are like in secondary school.

In chemistry, pupils carried out flame tests to observe the range of colours produced by different metals. They also enjoyed the ever-popular methane bubble demonstration, in which Mrs Edwards was set on fire!



In biology, pupils tested “space food” samples to discover whether they contained sugars, starch, proteins or lipids. This introduced them to key biological testing methods and sparked great curiosity about what is in our food. Students also had the opportunity to use microscopes to see objects too small to see with the naked eye. They drew some amazing scientific diagrams of cells, which resulted in one person being picked by two of our sixth formers to win the prize for best drawing.

For physics, students built their own spectrosopes, learning how light can be split into different colours. A special thank you goes to our Year 13 student, Ion, who confidently led this activity and knowledgeably explained the science behind what students were seeing.

The day was full of enthusiasm, questions and discovery. It was wonderful to see so many young students engaged in science and enjoying practical experiments in a real laboratory setting. This would not have been possible without the help of our amazing sixth formers helpers so thank you to Ion, Cadence, Hollie, Antonio, Kia and Jamie for being brilliant role models and representatives of KC.





## International Day of Women and Girls in Science

On Wednesday 11th February, the science department celebrated the International Day of Women and Girls in Science by highlighting the achievements of female scientists.

All year groups began their science lessons with a through the door task about Katalin Karikó or Anne McLaren. Students read about their work, answered questions, and discussed the impact of their contributions to science and medicine.

The activities helped students appreciate the important role women play in STEM and encouraged them to think about the value of diversity in science. Hopefully this inspired students to consider how STEM careers are possible regardless of gender, race or background.

## Modern Foreign Languages

### Year 11 Mock Speaking Exams

Year 11 French & German students have just completed their mock speaking exams; and it was clear that many of them had been working really hard in order to do the best they could.

Although it is natural to be nervous about an exam which involves speaking in a foreign language, a lot of the students had taken the mock seriously as it is the only practice before the real exam at the end of April.

Intervention in German continues to run on a Tuesday & Friday after school, with French taking place Wednesday lunchtimes; but if you can't make it then talk to your teacher to see how they can support you over the next few months.

# PSHE: Supporting Your Child in RSE (Relationships & Sex Education)

As part of our commitment to high-quality RSE, we know that parents and carers play a vital role in supporting learning and open conversations at home.

## Why RSE matters:

RSE helps young people develop the knowledge, skills and confidence to build healthy relationships, understand their bodies and make safe, informed choices as they grow up. This includes learning about respect, consent, online safety, emotional wellbeing, and how to navigate friendships and romantic relationships.

## How you can support your child:

- **Stay informed about the curriculum** - Schools are required to teach RSE topics that are age-appropriate and evidence-based. Regular communication about what will be covered helps you prepare and support your child at home.
- **Encourage open dialogue** - Honest, calm conversations make it easier for children to ask questions and share concerns. You don't need to have all the answers — just showing you're open makes a big difference.
- **Use reliable resources** - Brook is a UK charity that offers practical advice, FAQs and free resources specifically for parents and carers to help you navigate RSE topics with confidence. (Explore Brook's Parent & Carer Support Online: <https://www.brook.org.uk/parents-and-carers/>)

## Tips for home:

- Set aside “little and often” conversation moments rather than one big talk — this keeps topics natural and comfortable.
- Be prepared to explore your own values and listen first — this helps your child feel understood and respected.
- Ask what your child already knows before diving in — this helps you tailor responses to their age and understanding.

**If you have questions about the school's curriculum or feel unsure where to start, please contact us — we're here to help!**





## Year 9 PSHE: Wasted

On 28th January, our Year 9 students watched the performance *Wasted*, delivered by Northampton College, and took part in an interactive workshop led by NGAGE.

The session explored the impact of alcohol and drug abuse on individuals, families, and the wider community, encouraging reflection, discussion, and informed decision-making.

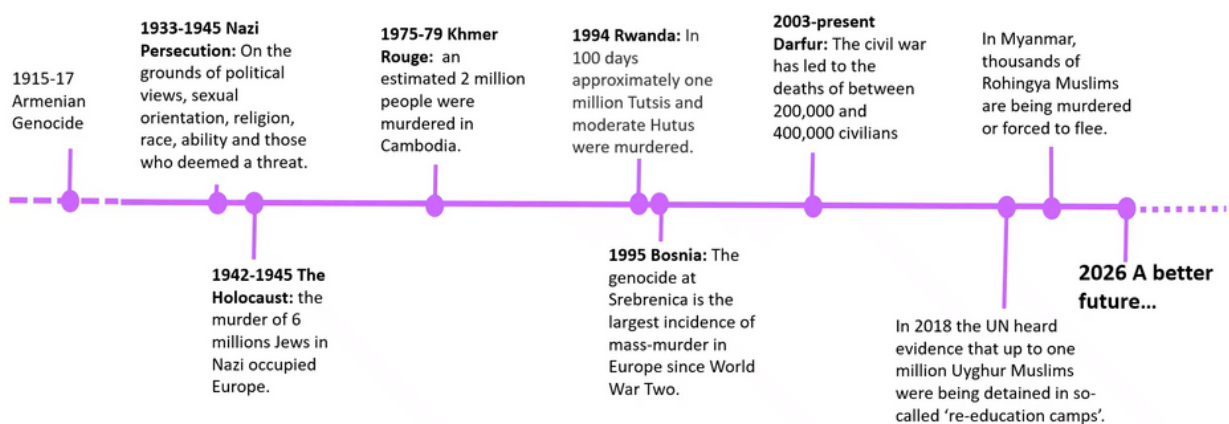
A powerful and engaging experience supporting our commitment to student wellbeing and personal development.

## Holocaust Memorial Day

### What is Holocaust Memorial Day?

Holocaust Memorial Day is **One Day – 27 January** – that we put aside to come together to remember, to learn about the Holocaust, Nazi Persecution and the genocides that followed in Cambodia, Rwanda, Bosnia and Darfur, in the hope that there may be **a better future** with no genocide. We learn more about the past, we empathise with others today, and we take action for a better future.

#### The History of Genocide in the 20<sup>th</sup> Century



On the 27th January, students received an additional tutor time assembly focusing on the Holocaust, supporting their understanding of this important part of history and encouraging reflection, empathy, and respectful discussion. These sessions help deepen historical awareness while reinforcing our commitment to education, remembrance, and learning from the past.

# Year 9 County Schools Challenge

On Thursday 5th February, our Year 9 students took part in the County Schools Challenge, spending the day off timetable to work on an exciting and meaningful project.

Throughout the day, students worked in teams to create, design, budget, and present a product aimed at teaching a specific target audience about the dangers of antisocial behaviour and the importance of positive behaviour in our communities. This challenge required not only creativity, but also teamwork, problem-solving, and confident presentation skills.

The experience also provided students with valuable real-life insight into the world of work. By working to a brief, managing budgets, collaborating in teams, and presenting their ideas professionally, students were able to develop practical skills that will support them in their future education and careers.

We were incredibly proud of the effort and enthusiasm shown by all of our students. The quality of ideas, the thought given to different audiences, and the professionalism of the presentations were outstanding. Students demonstrated maturity, empathy, and a real understanding of the issues they were exploring.

Congratulations to all who took part, and especially to the winning team from KC, who will go on to represent us at the semi-finals later in the year. We wish them the very best of luck as they continue in the competition.

Well done to Year 9 for a tremendous day of learning and achievement.





# Inclusion

This term, the Inclusion Department, alongside our exceptional SEND students, has focused on creating engaging PowerPoint presentations and artworks of National Events, Awareness Days and their hobbies and interests. Our students have used creative skills while exploring topics such as Valentines Day, Random Acts of Kindness, Epilepsy Day and The World Cup 2026. Our students have not only expanded their knowledge but also gained a deeper understanding of their own passions and interests.

## Epilepsy how is it caused?

**Genetic Factors:** Inherited gene changes or new mutations can increase risk.

**Brain injury/ trauma:** Head Injuries from accidents, strokes or infections like meningitis.

**Brain Structure Issues :** Congenital abnormalities, tumours or abnormal blood vessel formation (AVMs)

## What to do if someone is having a seizure

- Stay with the person: until they recover and help arrives.
- Guide them gently: away from danger if needed.
- Note the seizure's duration.
- Place them in the recovery position: (on their side) after the seizure, if appropriate, to help with breathing.
- Don't crowd them: or interfere unnecessarily.

## Girl-guiding

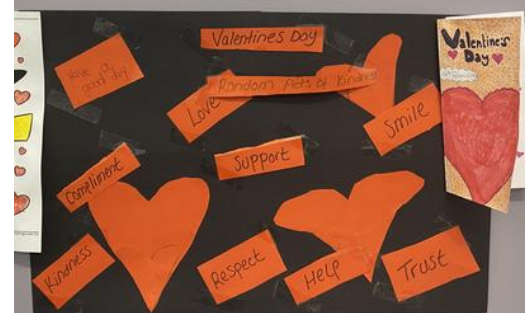
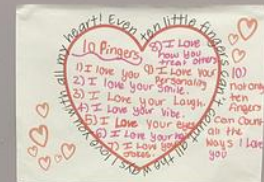
What is girl-guiding? Girl-guiding is the UK's largest youth organisation dedicated to girls and young women, providing a safe, inclusive space for over 300,000 members aged 4-18 to develop confidence, skills and friendships through adventures and activities. Founded in 1910, the charity offers weekly meeting led by volunteers expect in half term holidays. Ranging from rainbows, brownies, guides, and young leaders/ rangers.

**Rainbows (4-7):** Focuses on play, learning and fun.

**Brownies (7-10):** involves trying new things, outdoor activities and building confidence.

**Guides (10-14):** Offers opportunities to explore interest's, lead and take on challenges.

**Young Leaders/ Rangers (14-18):** provides opportunities for leadership, skills development, and international travel.



**Parental SENCO drop-in are held every Thursdays via phone or remotely.**

**Bookings can be made via email. Each drop-in is 15 mins per parent.**

**Please contact Miss Konadu-Aboagye to arrange: [Nana.Konadu-Aboagye@kingsthorpecollege.org.uk](mailto:Nana.Konadu-Aboagye@kingsthorpecollege.org.uk)**

# Post 16

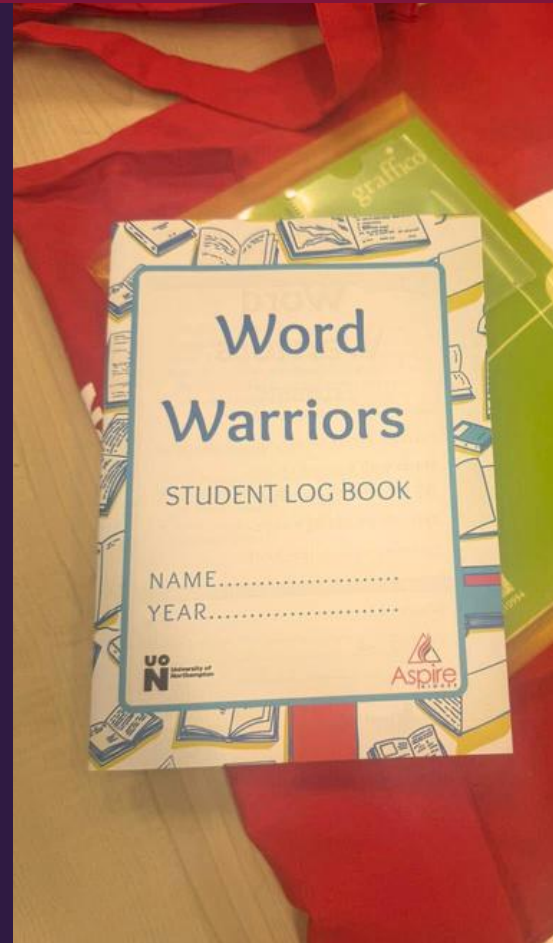
## Literacy Ambassadors

A dedicated group of Year 12 students completed their training to become Literacy Ambassadors for our school.

As part of their role, they will be mentoring Year 7 and 8 students over the course of 10 weeks, helping to build confidence and improve reading skills.

This fantastic opportunity allows our Sixth Form students to develop valuable mentoring, leadership and communication skills to strengthen their UCAS applications and CVs.

A huge thank you to Northampton University for their Word Warriors course and ongoing support in making this initiative possible.



University of  
Northampton



## YEAR 12 PARENTS EVENING

Wednesday 25th February 2026

15:30 - 18:00

Please book your slots on Arbor.



# Notices - Dates for your Diaries

**YEAR 12 PARENTS EVENING  
WEDNESDAY 25TH FEBRUARY  
2026**

**D of E SILVER TRAINING DAY  
Saturday 28TH FEBRUARY  
2026**

**YEAR 7 PARENTS EVENING  
Wednesday 4th March 2026**

**YEAR 13 MOCKS/YEAR 11 MOCKS  
& IN-CLASS ASSESSMENTS  
MONDAY 2ND - Friday 6th March  
2026**

**YEAR 11 REVISION WEEKEND  
FRIDAY 20TH MARCH -  
MONDAY 23RD MARCH 2026**

## Updated Term Dates 2026/2027

WEEK A SCHOOL HOLIDAY TRAINING DAY  
WEEK B BANK HOLIDAY 2\* Sept - Y7&12 Only

September 2026	October 2026	November 2026	December 2026
Mon 31 7 14 21 28	Mon 5 12 19 26	Mon 2 9 16 23 30	Mon 7 14 21 28
Tue 1 8 15 22 29	Tue 6 13 20 27	Tue 3 10 17 24	Tue 1 8 15 22 29
Wed 2* 9 16 23 30	Wed 7 14 21 28	Wed 4 11 18 25	Wed 2 9 16 23 30
Thu 3 10 17 24	Thu 1 8 15 22 29	Thu 5 12 19 26	Thu 3 10 17 24 31
Fri 4 11 18 25	Fri 2 9 16 23 30	Fri 6 13 20 27	Fri 4 11 18 25
Sat 29 5 12 19 26	Sat 3 10 17 24 31	Sat 7 14 21 28	Sat 5 12 19 26
Sun 30 6 13 20 27	Sun 4 11 18 25	Sun 1 8 15 22 29	Sun 6 13 20 27
January 2027	February 2027	March 2027	April 2027
Mon 4 11 18 25	Mon 1 8 15 22	Mon 1 8 15 22 29	Mon 5 12 19 26
Tue 5 12 19 26	Tue 2 9 16 23	Tue 2 9 16 23 30	Tue 6 13 20 27
Wed 6 13 20 27	Wed 3 10 17 24	Wed 3 10 17 24 31	Wed 7 14 21 28
Thu 7 14 21 28	Thu 4 11 18 25	Thu 4 11 18 25	Thu 1 8 15 22 29
Fri 1 8 15 22 29	Fri 5 12 19 26	Fri 5 12 19 26	Fri 2 9 16 23 30
Sat 2 9 16 23 30	Sat 6 13 20 27	Sat 6 13 20 27	Sat 3 10 17 24
Sun 3 10 17 24 31	Sun 7 14 21 28	Sun 7 14 21 28	Sun 4 11 18 25
May 2027	June 2027	July 2027	August 2027
Mon 3 10 17 24 31	Mon 7 14 21 28	Mon 5 12 19 26	Mon 2 9 16 23
Tue 4 11 18 25	Tue 1 8 15 22 29	Tue 6 13 20 27	Tue 3 10 17 24
Wed 5 12 19 26	Wed 2 9 16 23 30	Wed 7 14 21 28	Wed 4 11 18 25
Thu 6 13 20 27	Thu 3 10 17 24	Thu 1 8 15 22 29	Thu 5 12 19 26
Fri 7 14 21 28	Fri 4 11 18 25	Fri 2 9 16 23 30	Fri 6 13 20 27
Sat 1 8 15 22 29	Sat 5 12 19 26	Sat 3 10 17 24 31	Sat 7 14 21 28
Sun 2 9 16 23 30	Sun 6 13 20 27	Sun 4 11 18 25	Sun 1 8 15 22 29

# Is your Child entitled to Free School Meals?

If you receive any of the following benefits, your child/children maybe entitled to free school meals:

- Income Support
- Income Based Jobseekers Allowance
- Support under Part VI of the Immigration & Asylum Act 1999
- Guarantee Element of State pension Credit
- Child Tax Free Credit (Not Receiving Working Tax Credit, Income Related)
- Universal Credit (Income Related)

Children who receive these benefits directly, instead of through a parent or guardian, can also get free school meals.

Please visit the Pupil Premium area of our School website and follow the link provided for more information.



## Kingsthorpe College

ASPIRATION | RESPONSIBILITY | RESPECT | CARE

[www.kingsthorpecollege.org.uk](http://www.kingsthorpecollege.org.uk)